

FOREVER GORGEOUS

Day Spa

MERCURE BOURNEMOUTH



Bournemouth Mercure Queens Hotel

HB2P5-TH@ACCOR.COM

01202 554415 (ext.4)

About us

We pride ourselves on delivering exceptional treatments and service to all our guests here - we have created a tranquil vibe throughout the spa with 4 single treatment rooms, 2 double treatment rooms, manicure & pedicure treatment room & 2 relax lounges - **this really is an escape from the rest of the world!**

For guests also wanting to relax with us for the day we also host a swimming pool, sauna, jacuzzi & gym

We have partnered with expert brands **elemis & opi** to carefully select the most indulgent treatments for you, performed by our extensively trained therapists.

ELEMIS

O·P·I

Spa Packages

THE PICKED BY ME ESSENTIAL PACKAGE -
50 minutes **£75PP**
Choice of 2x 25 minute treatments
• *Spa Facilities access*

THE PICKED BY ME LUXURY PACKAGE -
110 minutes **£130pp**
Choice of 2x 55 minute treatments
• *Spa Facilities access*

THE DETOX ME PACKAGE - 75 minutes **£99pp**
Choice of 3x 25 minute treatments

THE SPOIL ME PACKAGE - 175 minutes **£160pp**
• *Bespoke or Deep Tissue Full Body Massage*
• *Elemis Touch Facial*
• *Spa Manicure or Spa Pedicure*

THE RENEW ME PACKAGE - 25 minutes **£55pp**
• *Choice of 25 minute treatment & Afternoon Tea also Spa Facilities access*

25 minute treatment choice options
Bespoke Back, Neck & Shoulder Massage*
Indulgent Hot Stone Back, Neck & Shoulder Massage*
Freestyle Elemis Deep Tissue Back, Neck & Shoulder Massage*
Indian Head Massage
Elemis Salt Scrub
Elemis Touch Facial
Warm Oil Foot Treatment

THE INDULGE ME PACKAGE - 55 minutes **£80pp**
Minimum of 2 people
• *Choice of 55 minute treatment & Sparkling Afternoon Tea also Spa Facilities access*

55 minute treatment choice options
Bespoke Full Body Massage*
Indulgent Hot Stone Full Body Massage*
Freestyle Elemis Deep Tissue Full Body Massage*
Indian Head Massage & Warm Oil Foot Treatment
Elemis Salt Scrub & facial treatment
Elemis Touch Facial
Elemis Nectar Nourish Wrap

*x1 massage option per person



Massages

BESPOKE BACK NECK & SHOULDER MASSAGE - 25 minutes **£38**

BESPOKE FULL BODY MASSAGE EXPERIENCE - 55 minutes **£60**

ELEMIS FREESTYLE DEEP TISSUE BACK MASSAGE - 25 minutes **£40**

ELEMIS FREESTYLE DEEP TISSUE FULL BODY MASSAGE - 55 minutes **£65**

INDULGENT HOT STONE BACK, NECK & SHOULDER MASSAGE - 25 minutes **£40**

INDULGENT HOT STONE FULL BODY MASSAGE - 55 minutes **£65**

INDIAN HEAD MASSAGE - 25 minutes **£35**

WARM OIL FOOT TREATMENT - 25 minutes **£33**

FOOT & LEG DE-STRESS TREATMENT - 25 minutes **£38**



Body Spa Treatments

ELEMIS CLEANSING SALT SCRUB - 45 minutes £45

A deeply intense salt scrub designed to invigorate the body and remove dead skin, includes a mini facial

THE EDEN EXPERIENCE - 55 minutes £65

This ritual is designed to soothe the body and soul, creating deep relaxation and a feeling of total de-stress, including massage and body wrap

THE SPA SAMPLER - 55 minutes £65

A perfect combination of our most popular treatments. Areas focused on Back, Face, Arms & feet to really have the top-to-toe experience

ELEMIS NECTAR NOURISHING BODY WRAP - 55 minutes £65

This luscious indulgent treatment has been created to superbly hydrate thirsty skin. From the shores of Tahiti, this delicious combination of flowers creates an infused perfume oil called monoi oil which is drizzled all over the body. This exotic experience will leave skin radiant & glowing



Body Spa Treatments

ELEMIS GARDEN OF ENGLAND ROSE RESTORE - 55 minutes £75

(INCLUDING FACIAL MASSAGE TREATMENT) - 90 minutes £95

Take a walk in an English rose garden with this lavishly hydrating massage. The skin is anointed with nourishing oils whilst a nurturing rose balm and massage techniques comfort the skin and ground the spirit

ELEMIS HOT MINERAL BODY BOOST - 55 minutes £75

This treatment stimulates every cell in the body, helping to alleviate muscular pain and remove toxins. The heated minerals are a catalyst to warm and deeply relax the body, and amber massage balm nourishes while the mind is whisked off to invigorating shores with the aromatic ocean

REFRESHING BACK TREATMENT - 45 minutes £45

A facial for the back! That tricky area that cannot be reached by yourself is fully deep cleansed, including scrub, mask & massage



Elemis Touch Facials

PRO GLOW RENEWAL - 25 minutes **£38** or 55 minutes **£55**

FOR GORGEOUS GLOWING SKIN

Signature deep cleansing skin wellness facial, showcasing prebiotics and antioxidant-rich goodness to deliver healthy-looking, lit-from-within glow. In one treatment skin looks visibly refreshed and rebalanced

PRO GLOW RESURFACE - 25 minutes **£38** or 55 minutes **£55**

RESURFACING FOR STUNNINGLY SMOOTH SKIN

Dull, uneven, tired-looking skin will appear instantly brighter, smoother and renewed. Enlarged pores, blemishes and blackheads will be powered by patented tri-enzyme technology minimising the look of uneven tone, texture, fine lines and pigmentation

PRO GLOW BRILLIANCE - 25 minutes **£38** or 55 minutes **£55**

YOUR RECIPE FOR RADIANCE

A fusion of superfoods and antioxidant-rich facial oils plump the skin with moisture, whilst helping to nourish and protect. Immediately revealing an outdoor-fresh glow, skin is left feeling fresh, radiant and healthy.

PRO GLOW SMOOTH - 25 minutes **£38** or 55 minutes **£55**

HIT WORKOUT FOR YOUR SKIN

Powerful resurfacing technology lifts away dead skin cells to smooth, renew and refine, whilst improving the appearance of skin tone and luminosity. Skin is prepped for an infusion of hydration that will double its moisture content, leaving it feeling plump and hydrated, whilst



Elemis Touch Facials

PRO GLOW GENIUS - 75 minutes **£89**

YOUR LINE-FIGHTING SUPERHERO FACIAL

Clinically proven intelligent skincare and our triple level approach to skin hydration results in transformative results for younger-looking skin. Powered by ULTRA-SMART technology, with a spotlight on deep-set wrinkles for maximum facial rejuvenation and skin hydration, skin will be visibly smoother, resilient and firmer-looking. Line-fighting facial experience, skin will immediately appear firmer and more radiant after just one treatment.



Elemis Biotec Facials

FOR GORGEOUS GLOWING SKIN - 25 minutes **£45** or 55 minutes **£75**

PRO GLOW RENEWAL +

Signature deep cleansing skin wellness facial, showcasing prebiotics and antioxidant-rich goodness to deliver healthy-looking, lit-from-within glow. In one treatment skin looks visibly refreshed and rebalanced

Supercharged with Elemis Biotec Ultrasonic Resurfacing

PRO GLOW RESURFACE + - 25 minutes **£45** or 55 minutes **£75**

RESURFACING FOR STUNNINGLY SMOOTH SKIN

Dull, uneven, tired-looking skin will appear instantly brighter, smoother and renewed. Enlarged pores, blemishes and blackheads will be powered by patented tri-enzyme technology minimising the look of uneven tone, texture, fine lines and pigmentation
Supercharged with Elemis Biotec Ultrasonic resurfacing, LED Light Therapy & Galvanic

PRO GLOW BRILLIANCE + - 25 minutes **£45** or 55 minutes **£75**

YOUR RECIPE FOR RADIANCE

A fusion of superfoods and antioxidant-rich facial oils plump the skin with moisture, whilst helping to nourish and protect. Immediately revealing an outdoor-fresh glow, skin is left feeling fresh, radiant and healthy.

Supercharged with Elemis Biotec Ultrasonic resurfacing, 02 Infusion & Galvanic

PRO GLOW SMOOTH + - 25 minutes **£45** or 55 minutes **£75**

HIT WORKOUT FOR YOUR SKIN

Powerful resurfacing technology lifts away dead skin cells to smooth, renew and refine, whilst improving the appearance of skin tone and luminosity. Skin is prepped for an infusion of hydration that will double its moisture content, leaving it feeling plump and hydrated, whilst delivering an immediate and visibly tightened effect.

Supercharged with Elemis Biotec Ultrasonic Resurfacing, Microcurrent & 02 Infusion

PRO GLOW GENIUS + - 75 minutes **£99**

THE ULTIMATE AGE-DEFYING EXPERIENCE

Harnessing the powerful benefits of all 5 Elemis Biotec technologies, skin will be visibly smoother, more sculpted, and firmer with a spotlight on deep-set wrinkles for maximum, multi-faceted facial rejuvenation and skin hydration.

An unsurpassed, age-defying facial resulting in a more lifted, radiant, youthful appearance after just one treatment.

Supercharged with Elemis Biotec Ultrasonic Resurfacing, Microcurrent, Galvanic, Light Therapy & 02 Infusion.

Pregnancy

PREGNANCY BACK NECK & SHOULDER MASSAGE - 25 minutes **£40**

PREGNANCY INDIAN HEAD MASSAGE - 25 minutes **£35**

ELEMIS PREGNANCY NURTURING MASSAGE - 55 minutes **£60**

ELEMIS PREGNANCY NURTURING FACE & BODY TREATMENT - 75 minutes **£75**

A face & body experience leaving you feeling head-to-toe has been nourished and relieved of aches and pains experienced during pregnancy

ELEMIS NECTAR NOURISHING BODY WRAP - 55 minutes **£65**

This luscious indulgent treatment has been created to superbly hydrate thirsty skin. From the shores of Tahiti, this delicious combination of flowers creates an infused perfume oil called monoi oil which is drizzled all over the body. This exotic experience will leave skin radiant & glowing

THE MUM & BUMP NURTURING PACKAGE - 110 minutes **£130**

Choice of 2x 55 minute treatments

Elemis Pregnancy Nurturing Massage* | Pregnancy Indian Head Massage & Warm oil Foot Treatment* | Elemis Nectar Nourish Body Wrap* | Elemis Touch Facial | Spa Pedicure by OPI | Spa Manicure by OPI

*x1 massage option per person



Finishing Touches

SIGNATURE MANICURE BY OPI - 45 minutes £30

File, Cuticle work, Massage & Application of OPI Lacquer

SIGNATURE PEDICURE BY OPI - 45 minutes £30

File, Cuticle work, Hard Skin Removal, Massage & Application of OPI Lacquer

SPA MANICURE BY OPI - 75 minutes £45

File, Cuticle work, Exfoliation, Mask & Heated Mitts, Massage & Application of OPI Lacquer

SPA PEDICURE BY OPI - 75 minutes £45

File, Cuticle work, Exfoliation & Hard skin removal, Mask & Heated boots, Massage & Application of OPI Lacquer

SOLO GELCOLOUR - 45 minutes £30

File, Cuticle work & Application of OPI Gelcolour cured under UV Light

SPA MANICURE WITH GELCOLOUR - 75 minutes £50

File, Cuticle work, Exfoliation, Mask & Heated Mitts, Massage & Application of OPI Gelcolour

SPA PEDICURE WITH GELCOLOUR - 75 minutes £50

File, Cuticle work, Exfoliation, Mask & Heated Boots, Massage & Application of OPI Gelcolour

GEL REMOVAL - 20 minutes £15 OR £10 IF HAVING GEL RE-APPLIED

Removal of Gel, File & cuticle tidy of nails



Finishing Touches

EYEBROW SHAPE - 15 minutes £10

EYEBROW TINT - 10 minutes £8.50

EYELASH TINT - 20 minutes £15

EYELASH TINT, EYEBROW TINT & SHAPE - 45 minutes £25

Patch Test is required for all Tinting treatments at least 24 hours prior to the treatment



Group Packages

COME AND CELEBRATE YOUR SPECIAL OCCASION WITH US WHETHER ITS A HEN PARTY, BIRTHDAY OR EVEN JUST A GET TOGETHER - WE HAVE THE ULTIMATE GROUP PACKAGES AVAILABLE TO MAKE YOU FEEL LIKE SPECIAL GUESTS

SPARKLING GROUP SPA DAY - £79pp

THE BEST 'SPARKLING' EXPERIENCE

1x 25 minute treatment per person
Minimum guest number: 4
Maximum guest number: 12

- Access to Spa Facilities
- Exclusive use of your own private relax lounge with some fresh, healthy snacks provided
- Sparkling Afternoon Tea served in the Green Room Restaurant

25 MINUTE TREATMENT CHOICES

Bespoke Back, Neck & Shoulder Massage*
 Elemis Freestyle Deep Tissue Back, Neck & Shoulder Massage*
 Indulgent Hot Stone Back, Neck & Shoulder Massage*
 Indian Head Massage
 Warm Oil Foot Treatment
 Elemis Salt scrub
 Elemis Touch Facial

VIP GROUP SPA DAY - £99pp

FEELING LIKE A 'VIP' ALL DAY

1x 55 minute or 2x 25 minute treatment per person
Minimum guest number: 4
Maximum guest number: 12

- Access to Spa Facilities
- Exclusive use of your own private lounge with some fresh, healthy snacks provided
- Sparkling Afternoon Tea served in the Green Room Restaurant

55 MINUTE TREATMENT CHOICES

Bespoke Full Body Massage*
 Elemis Freestyle Deep Tissue Full Body Massage*
 Indulgent Hot Stone Full Body Massage*
 Elemis Salt Scrub & facial treatment
 Elemis Touch Facial
 The Eden Experience
 GelColour Manicure
 GelColour Pedicure

*x1 massage option per person



Spa Etiquette

Pre booking is essential, our weekends do get booked up in advance - a 50% deposit or valid voucher will need to be provided to secure all bookings

Our online system allows online bookings, however, for multiple guests, treatments taken throughout the day, group packages, or a more customised booking, you will need to call or email.

When booking, please notify us if you are pregnant, or of any serious health concerns that could affect treatment, so we can advise on the best and safest experience for you.

Cancellations must be made 24 hours in advance. Cancellations within 24 hours and no shows will be charged at 50% of the full treatment price.

For large group bookings we have a 1 month cancellation policy. You will receive a full refund prior to the month before your date of event. If cancelling after this period, this will be non-refundable.

Our lounges are sometimes booked for private hire – if you'd like to enjoy the lounges during your visit, please ensure you check availability at time of booking.

Parking is available on site but is on a first come, first served basis. We are situated in a very busy area of Bournemouth and, particularly during peak seasons, roads will be busy. Ensure plenty of time to allow for traffic and carry change as you may need to park on the road. There is a parking system in place so please make sure you take note of your car registration which you will have to put in to the system at the spa reception. Failure to do so will result in a parking fine.

Every guest must complete a health consultation on their first visit, or if they haven't visited in a while. This is to ensure your treatments are delivered safely.

Please arrive within plenty of time. A late arrival may mean we need to reduce treatment time or cancel the treatment, with full price being incurred.

We respectfully ask that guests with colds, flu and other spreadable illnesses do not visit the spa for treatments to ensure other guests and staff do not become unwell.

Alcohol and food brought in cannot be consumed on the premises.

Packages and guests spending over £50pp receive complimentary access to our swimming pool, sauna, jacuzzi and gym when available.